

Youth Mental Health First Aid 8-hour Course

This course is for Adults living or working with children ages 11 through 18 and also mature Senior High School students wishing to provide peer support. National Certification as Youth Mental Health First Aider for 3 years upon successful completion.

Thursday, September 25, 2014, 8:00 a.m. until 5:00 p.m.

First United Methodist Church
135 W. Simpson Street, Mechanicsburg, PA 17055
(717) 766-4611

To register, please email the information below to office@fumchurch.com . If you do not have access to email, please call 717-766-4611 or mail this completed form to:

Kristin Brown, Office Manager
First United Methodist Church
135 W. Simpson Street
Mechanicsburg, PA 17055

Questions? Call [717-766-4611](tel:717-766-4611) - *please leave a message and someone will contact you as soon as possible.*

Registration Information for training at First UM Church-September 25, 2014 (facility is handicapped accessible)

Name _____

Phone number, if any _____

E-mail address, if any _____

Occupation and employer name, if any _____

Funding for this training is provided by the Mental Health Offering received in May by United Methodist churches in the Susquehanna Annual Conference. Members and clergy of United Methodist Churches may attend for free.

Name of United Methodist Church where you are a member _____

I am a Non-United Methodist participant ___ \$40 (includes lunch) vegetarian lunch requested _____

Payment enclosed _____ (please make check payable to MWAA)

Brief description of why you're enrolling in the course: (examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information)



MENTAL
HEALTH
FIRST AID

Sometimes, first aid isn't
a **bandage**,
or **CPR**,
or the **Heimlich**,
or calling **911**.

Sometimes, first aid is **YOU!**

Someone you know could be experiencing
a mental problem or crisis. You can help them.

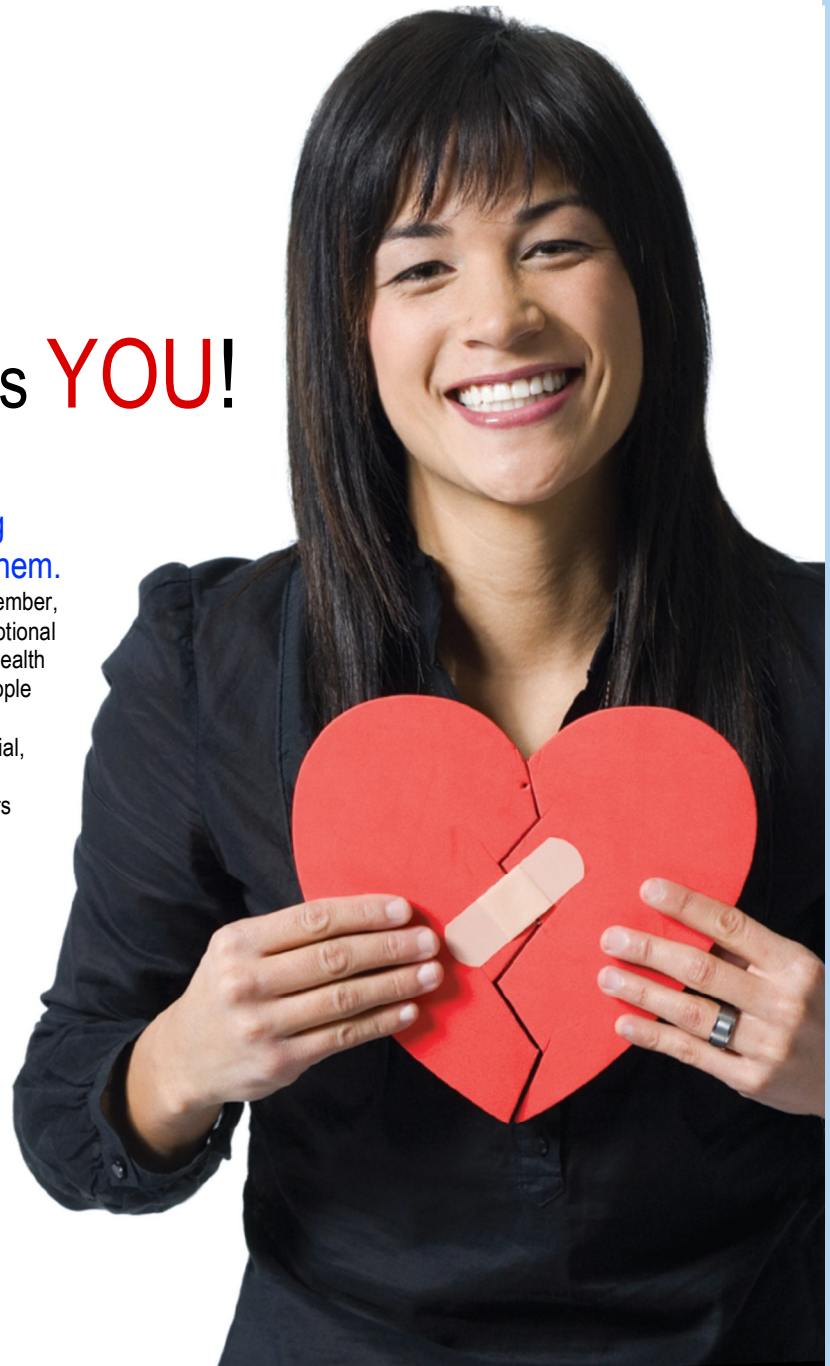
You are more likely to encounter someone — friend, family member, coworker, neighbor, or member of the community — in an emotional or mental crisis than someone having a heart attack. Mental Health First Aid teaches a 5-step action plan to offer initial help to people with the signs and symptoms of a mental problem or crisis, and connect them with the appropriate professional, peer, social, or self help care. Anyone can take the 8-hour Mental Health First Aid course — first responders, students, teachers, leaders of faith communities, human resources professionals, and caring citizens.

Sometimes, the best first aid is you.
Take the course, save a life, strengthen
your community.

\$40.00 for the Public*
(includes lunch)

CEUs for... UMC Pastors - .8; Teachers-Act 48;
Human Resource Professionals,
EMS personnel

*United Methodists attend at no cost



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*8-hour public course for adults living or working with
youth ages 11-18 and for Senior High School Students*

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Mechanicsburg, PA 17055

Register Today – 717-766-4611
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