



“Get My People GOING!”

The Health & Wellness Committee would like to invite you to wholeness! Plan now to sign up for “Get My People GOING!” — a program that invites you to select three areas of your life you would like to change for a healthier lifestyle, based on the Exodus story.

This program is for all ages, and people of all health conditions. We will be signing you up and passing out program materials in conjunction with a “Healthy Habits” health lecture on January 10 or 17 at 9:30 am. Come join us on the journey!

Health Lectures
January 10 and 17
during Sunday School Hour

Ruth Circle will meet on January 6 at 11:15 am at Hoss’s Steak & Sea House for lunch followed by their regular meeting. Please call Janet Baker at 766-5101 if you will be attending.

The Widows/Widowers group will be dining at Snappers Restaurant in Mechanicsburg on January 12 at 6 pm. Please notify Bonnie Guyer at 766-0145 if you plan to attend.

Lay Leadership Training Event on January 16 from 9-11 am in Fellowship Hall. All newly elected leaders, all members of Ministry Area Teams, as well as anyone who might wish to become part of a Team are strongly encouraged to attend. Contact Pastor Mike or Pastor Lucretia with questions.

Volunteers are needed for the Day of Pampering, to be held on February 27. Contact Lisa Wickenheiser at 975-0225 or wicks7@comcast.net to find out how you can help.

Calling all photographers! If you are interested in photography, have your own equipment, and are available to catch the events of Day of Pampering on film, please contact Lisa Wickenheiser.

Engaged & Married couples: give yourselves a special gift — a FamilyLife “Weekend to Remember” marriage conference in Hershey (February 12-14). Brochures in the Narthex. Contact Deb & Steve Noss at 697-5982 for registration/discount info.

Bill Ingraham’s CD, *Legacy*, is available for purchase in the church office during weekday hours. Cost is \$10. A portion of the proceeds benefit First Church.

Craft Supplies Needed! Please **save** your cardboard paper towel roll/tube after the towels are all gone! We need 300 for VBS 2010. Drop off tubes in the plastic bin in the tower entrance. Questions may be directed to Michelle Coover at 574-8702 or coov8@verizon.net.

GriefShare Group meetings begin at Aldersgate UMC on January 20. This is a video seminar series on grief and recovery from a biblical perspective. Contact Carol Diffenbaugh at 737-7923, ext. 25, with questions.



WEEKLY EDITION

*First United Methodist Church,
Mechanicsburg, PA
January 3, 2010*

The altar flowers are given to the glory of God and in memory of Arlene M. Cramer, placed by Charles N. Cramer & Family.

Recovering at Home: Wendy McNeal, Marcia Peterman, Ken Guise, Bill Higgins.

Love & sympathy to the Herring family upon the death of Patti’s mother, Betty Good, on December 27, 2009.

Attention Church Leaders! All invoices for 2009 must be submitted to the church office by January 8. Any questions, please call Nancy Robinson at 766-2506.

2010 Men’s Retreat registration deadline is today! This is your **last chance** to sign up. Forms are on the table to the right of the welcome desk. Place in the Bowen’s mailbox **this morning** so we can get the final headcount to Wesley Forest.

The Father/Son Tailgate Party scheduled for January 9 has been cancelled. Please see Lynn Rapp if you purchased a ticket.

Lent Devotional 2010: Would you submit a brief devotional (only 275 words) for our 2010 Lent Devotional titled: *Jesus Christ: First in All Things?* Signup in the Narthex or contact Juanita Guise (766-2466 or kguise@comcast.net). Deadline is January 15 since the Lenten Season is early this year.

Blood pressure checks will be available next Sunday in the library between worship services.