

# LITTLE FREE PANTRY SUMMER BREAK STOCK

*Feed kids! Promote play!*

## BREAKFAST

Cereal  
Instant oatmeal in single serving packages  
Bagels

## LUNCH/DINNER

Pre-assembled brown bag lunches: PB&J, apple, drink, single serve pack cookies

Bread  
Tuna/chicken salad kits  
Peanut butter and other nut butters  
Vienna sausages  
Pitas, pizza sauce, shelf stable parmesan

Beanie weenies  
SpaghettiOs/Canned ravioli  
Jelly  
Ramen noodle cups  
Easy mac

## HEALTHY

Fresh fruit: apples, Cuties, bananas, peaches, plums  
Fresh veggies  
Fruit cups  
Dried fruits: raisins, craisins, banana chips  
Nuts  
Sunflower, pumpkin seeds  
Fiber One Bars

Veggie straws  
Trail mix without M&Ms  
Applesauce  
Dehydrated veggie chips  
Bottled water  
Gatorade  
Whole Grain Fig Newtons

## SNACKS

Capri sun/juice boxes  
Pop ice/Otter pops  
Granola bars  
Pudding cups  
Peanut butter crackers  
Chips and salsa  
Pop tarts

Popcorn  
Pretzels  
Vanilla wafers  
Snack crackers: Goldfish, Cheezits  
Beef jerky  
Fruit snacks

## SUMMER SUPPLIES

Sunscreen  
Bug spray  
Feminine hygiene products  
Band-aids  
Toothpaste/toothbrushes

First aid ointment

## FUN

Bubbles  
Squirt guns  
Sidewalk chalk/paint  
Frisbees  
Jump ropes  
Paper  
Crayons  
Playing cards

Fun Dip  
Water balloons  
Old Maid, Uno  
Candy necklaces  
Plastic bugs

